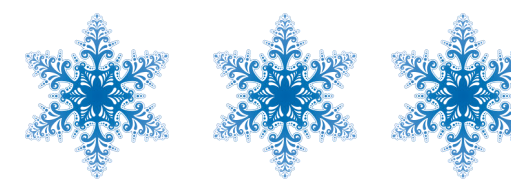





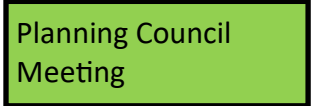
























January 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Meal Times 6:30-9a Breakfast 11:30-1p Lunch 4:30-6p Dinner	Activities requiring SIGN UP are noted in RED. Sign up sheets are located under the bulletin board near Nurses office.	Activities are subject to change without notice	1  10a Sittercise 1p Movie in the Parlor-	2  10a Fitness w/Jim 10:30a Outing to Kroger-SIGN UP 1p Rummikub 2p Bridge 2p Texas Hold Em	3  10a Yoga Ball Drumming 10:30 Hand Massages 1p Rook 3p Happy Hour	4  10a Sittercise 1p Bingo
5  10:30 Bible w/Cville Baptist 11:30 Communion w/Catholic Church 1p Communion w/UMC 2p Bingo	6  10a Seated Yoga 10:30 Planning Council 1p Rook 2p Painting w/Deb	7  10a Sittercise 10:30 Experiencing Newness at any age talk w/Joe 1p Left Right Center 2p Six Card Golf 2p Craft w/Twila	8  10a Sittercise 10:30a Bible w/Deb 1p Shut the Box 2p Bingo 3:15 Snowflake craft-SIGN UP	9  10a Fitness w/Jim 10:30a Outing to Aldi-SIGN UP 1p Rummikub 2p Bridge 2p Texas Hold Em	10 <i>Live Music</i> 10a Yoga Ball Drums 11a Trivia 1p Rook 2p Music w/Gary Abbott	11 <i>Live Music</i> 10a Sittercise 1p Bingo 2p Music w/Randy
12  10:30 Bible w/Cville Baptist 11:30 Communion w/Catholic Church 1p Communion w/UMC 2p Bingo	13  10a Seated Yoga 10:30a Family Feud 1p Rook 2p Music w/Lillian	14  10a Sittercise 10:30 Scattgories 1p Left Right Center 2p Six Card Golf 2p Craft w/Twila	15  10a Sittercise 10:30 Bible w/Deb 1p Yahtzee 2p Bingo 3:15 Bracelet Craft-SIGN UP	16  9:30 Forever Young Vets 10a Fitness w/Jim 10:30 Outing-Dollar Tree-SIGN UP 1p Music w/Cheryl & Todd 1p Rummikub 2p Bridge 2p Texas Hold Em	17  10a Yoga Ball Drums 11a Trivia 1p Rook 3p Happy Hour	18  10a Sittercise 1p Bingo
19 Worship 10:30 Bible w/Cville Baptist 11:30 Communion w/Catholic Church 1p Communion w/UMC 2p Bingo	20 <i>Live Music</i> 10a Seated Yoga 10:30 MLK Jr. Talk w/Joe 1p Rook 2p Music w/Jim 6p Bingo w/Zeta Phi Beta	21  10a Sittercise 10:30 Dominos 1p Left Right Center 2p Six Card Golf 2p Craft w/Twila	22  10a Sittercise 10:30 Bible w/Deb 1p Wheel of Fortune 2p Bingo 3:15p Snowglobe cards-SIGN UP	23  10a Fitness w/Jim 10:30 Outing-Cracker Barrel-SIGN UP 1p Rummikub 2p Bridge 2p Texas Hold Em	24  10a Yoga Ball Drums 11a Trivia 1p Rook	25 <i>Live Music</i> 10a Sittercise 1p Bingo 2p Music w/Randy
26  10:30 Bible w/Cville Baptist 11:30 Communion w/Catholic Church 1p Communion w/UMC 2p Bingo	27  10a Seated Yoga 10:30a Dominos 1p Rook 2p Music w/Julie In Joy	28  10a Sittercize 10:30 Day of Education talk w/ Joe 1p Left Right Center 2p Six Card Golf 2p Craft w/Twila	29  10a Sittercize 10:30a Bible w/Deb 1p Sticky Ball game 2p Bingo	30  10a Fitness w/Jim 10:30a Outing to Walmart-SIGN UP 1p Rummikub 2p Bridge 2p Texas Hold Em	31  10a Yoga Ball Drums 11a Trivia 1p Rook 3p Happy Hour	