



October 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 Sunday SERVICE</p> <p>9:00 Walking Buddies 9:30 Church Service w/ Faith Baptist 4:15 Church Service w/ Ellendale Church of Christ</p>	<p>2 PET THERAPY</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Seat Works 10:30 Pet Therapy 1:30 Music w/Walker</p>	<p>3 Walmart</p> <p>9:00 Walking Buddies 10:00 Light & Lively 10:30 Walmart 2:00 Bean Bag Baseball 3:00 Lakeland Bible Study</p>	<p>4 SENIOR SAFARI AT THE ZOO</p> <p>9:00 Walking Buddies 9:30 Senior Safari 10:00 Fitness 2:00 Bible Study w/ Beverly 5:45 Bible Study w/Ellendale</p>	<p>5 BEAN BAG BASEBALL</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Sittercise 10:30 Cooking Group 2:00 Bean Bag Baseball</p>	<p>6 at home</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fittersitters 10:30 At Home 1:30 Bingo</p>	<p>7 LIVE MUSIC</p> <p>9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 1:30 Music w/Sarah</p>
<p>8 Worship Sunday SERVICE</p> <p>9:00 Walking Buddies 9:30 Church Service w/ Faith Baptist 4:15 Church Service w/ Ellendale Church of Christ</p>	<p>9 LADIES TEA PARTY</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Seat Works 10:30 Darts 1:30 Ladies Tea Party W/Julie</p>	<p>10 Kroger</p> <p>9:00 Walking Buddies 10:00 Light & Lively 10:30 Kroger 2:00 Bean Bag Baseball</p>	<p>11 Toss & Talk</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fitness 10:30 Toss & Talk 2:00 Bible Study w/Beverly 5:45 Bible Study w/Ellendale</p>	<p>12 Sweet Pea's</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Sittercise 10:30 Sweet Pea's 2:00 Bean Bag Baseball</p>	<p>13 BOX BINGO</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fittersitters 10:30 Bedazzle your Walker 1:30 Box Bingo</p>	<p>14 Art & Craft</p> <p>9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Arts & Crafts w/Pam</p>
<p>15 Sunday WORSHIP</p> <p>9:00 Walking Buddies 9:30 Church Service w/ Faith Baptist 4:15 Church Service w/ Ellendale Church of Christ</p>	<p>16 JERSEY DAY</p> <p>9:00 - 10:00 Weights & Vitals 100 Hall 9:30 Hydration Cart 10:00 Seat Works 10:30 Wear your Jersey Day 1:30 Pokeno</p>	<p>17 Nifty Nails</p> <p>9:00 - 10:00 Weights & Vitals 200 Hall 9:30 Hydration Cart 10:00 Light & Lively 10:30 Nifty Nails 2:00 Bean Bag Baseball 3:00 Lakeland Bible Study</p>	<p>18 ModelCars</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fitness 10:30 Model Cars 2:00 Bible Study w/Beverly 5:45 Bible Study w/Ellendale</p>	<p>19 T.J. maxx</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Sittercise 10:30 TJ Maxx 2:00 Bean Bag Baseball</p>	<p>20 MUSICAL</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fittersitters 10:30 Name Three 2:00 Broadway w/Dan & Marsha</p>	<p>21 LIVE MUSIC</p> <p>9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Music w/John</p>
<p>22 SUNDAY WORSHIP</p> <p>9:00 Walking Buddies 9:30 Church Service w/Faith Baptist Service 4:15 Great Oaks Church Of Christ</p>	<p>23 THE SALVATION ARMY</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Seat Works 10:30 Salvation Army 1:30 Kickball</p>	<p>24 Let's get Crafty</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Light & Lively 10:30 Let's Get Crafty 2:00 Bean Bag Baseball</p>	<p>25 BREAST CANCER AWARENESS MONTH</p> <p>9:00 Walking Buddies 9:30 Casino 10:00 Fitness 10:30 Breast Cancer Walk 2:00 Bible Study w/Beverly 5:45 Bible Study w/Ellendale</p>	<p>26 UNO</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Sittercise 10:30 Uno 2:00 Bean Bag Baseball</p>	<p>27 PUMPKIN DECORATING CONTEST</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fittersitters 10:30 Pumpkin Contest 2:00 Bingo</p>	<p>28 FALL CRAFTS</p> <p>9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Arts & Crafts w/Pam</p>
<p>29 Worship</p> <p>9:00 Walking Buddies 9:30 Church Service w/Faith Baptist Church 4:15 Great Oaks Church Of Christ</p>	<p>30 HAPPY BIRTHDAY</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Seat Works 10:30 Hedbanz Game 1:30 Happy Birthday</p>	<p>31 HAPPY HALLOWEEN</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Light & Lively 10:30 Pumpkin Bowling 2:00 Bean Bag Baseball 6:00 TRICK OR TREAT</p>	<p>Birthstone: Opal</p> <p>Flowers: Marigold</p> <p>Colors: Maroon & Indigo</p>		<p>CELEBRATING OCTOBER BIRTHDAYS!</p> <p>Aubrey Sullivan 10/7 Peggy Countess 10/10 Nedra Hardy 10/22 Beverly Black 10/23 Charcie Owens 10/23 Dorothy Ayers 10/24 Marjorie Whitsett 10/29</p>	<p>Meal Times</p> <p>6:30 - 9:00 Breakfast 11:30 - 1:00 Lunch 4:30 - 6:00 Dinner</p>