



September 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Meal Times 6:30 - 9:00 Breakfast 11:30 - 1:00 Lunch 4:30 - 6:00 Dinner	 Hugh Turpin 9/13 Cornelia Morrison 9/15 Annette Heston 9/27		Birthstone: Sapphire Flowers: Aster Colors: Dark Blue & Brown	 Wishing that the Autumn brings Bountiful of happiness and joy! Happy Fall!	 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fittersitters 10:30 Walmart 1:30 Bingo	 9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Music w/ Roy Fisher
3 9:00 Walking Buddies 9:30 Church Service w/ Faith Baptist 4:15 Church Service w/ Ellendale Church of Christ	4 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Seat Works 1:30 Bingo	5 9:00 Walking Buddies 10:00 Light & Lively 10:30 Trivia 1:00 Arts & Crafts 2:00 Bean Bag Baseball 3:00 Lakeland Bible Study	6 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fitness 10:00 Delta Fair 5:45 Bible Study w/Ellendale	7 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Sittercise 10:30 Cake Walk 2:00 Bean Bag Baseball	8 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fittersitters 10:30 Human Cancer Ribbon 2:00 Bingo w/Emily	9 9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Arts & Craft w/Pam
10 9:00 Walking Buddies 9:30 Church Service w/ Faith Baptist 4:15 Church Service w/ Ellendale Church of Christ	11 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Seat Works 10:30 PopShelf 1:30 Pokeno	12 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Light & Lively 10:30 Nifty Nails 2:00 Bean Bag Baseball	13 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fitness 10:30 Kroger 5:45 Bible Study w/Ellendale	14 9:00 - 10:00 Weights & Vitals 100 Hall 9:30 Hydration Cart 10:00 Sittercise 10:30 Coffee & Donut Social 2:00 Bean Bag Baseball	15 9:00 - 10:00 Weights & Vitals 200 Hall 9:30 Hydration Cart 10:00 Fittersitters 10:30 Nifty Nails 2:00 Music w/ Tom	16 9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Music w/Roy Fisher 8:00 Family Movie Night
17 9:00 Walking Buddies 9:30 Church Service w/Faith Baptist Service 4:15 Great Oaks Church Of Christ	18 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Seat Works 10:30 Hangman 1:30 Shuffle Board	19 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Light & Lively 10:30 Book Drive 2:00 Bean Bag Baseball 3:00 Lakeland Bible Study	20 9:00 Walking Buddies 9:30 Casino 10:00 Fitness 2:00 Hymns w/Marsha Baptist 5:45 Bible Study w/Ellendale Baptist	21 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Sittercise 10:30 Hobby Lobby 2:00 Bean Bag Baseball	22 7:00 Men's Breakfast 9:00 Walking Buddies 10:00 Fittersitters 10:30 Fill In The Blanks 2:00 Miniature Golf	23 9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 12:00 - 2:00 Fall Festival
24 9:00 Walking Buddies 9:30 Church Service w/Faith Baptist Church 4:15 Great Oaks Church Of Christ	25 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Seat Works 10:30 Dollar Tree 1:30 Pottery Painting	26 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Light & Lively 10:30 Scrabble 2:00 Bean Bag Baseball	27 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fitness 10:30 Darts 1:30 Bingo 5:45 Bible Study w/Ellendale	28 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Sittercise 10:30 Taste Testing 2:00 Bean Bag Baseball	29 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fittersitters 10:30 1:30 Birthday Party w/Walker	30 9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Arts & Crafts w/Pam