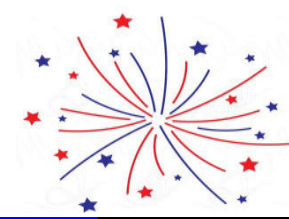


July 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Meal Times 6:30 - 9:00 Breakfast 11:30 - 1:00 Lunch 4:30-6:00 Dinner		Birthstone: Ruby Flowers: Larkspur Colors: Green/Yellow & Blue Gray		<p>Jean Stone 7/2 Ruth Ryson 7/4 Ralph Gage 7/7 Arthur Jakob 7/7 Myra Jones 7/9 Dorothy French 7/20 Doris Hill 7/22 Jean Birchfield 7/24 Ira Simmons 7/30</p>	"I Am An American" <i>I am an American. That's the way most of us put it, just matter of facty. They are plain words, those four. You could write them on your thumbnail, or you could sweep them clear across this bright autumn sky. But remember too that they are more than words. They are a way of life. So whenever you speak them, speak them firmly; speak them proudly; speak them gratefully. I am an American.</i>	1 CARD GAMES 9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Card Games
2 Worship Sunday SERVICE 9:00 Walking Buddies 9:30 Church Service w/ Faith Baptist 4:15 Church Service w/ Ellendale Church of Christ	3 Walmart 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Seat Works 10:30 Walmart 12:00 4th Of July Luncheon	<p>9:00 Walking Buddies 10:00 Light & Lively 10:30 Uno 2:00 Bean Bag Baseball</p>	5 WATERMELON Social 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fitness 2:00 Watermelon Social 5:45 Bible Study w/Ellendale	6 Magazine Scavenger Hunt 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Sittercise 10:30 Magazine Scavenger Hunt 2:00 Bean Bag Baseball	7 Chocolate Day 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fittersitters 10:30 Cooking Group 2:00 Bingo	<p>9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Music w/Julie</p>
9 Sunday WORSHIP 9:00 Walking Buddies 9:30 Church Service w/ Faith Baptist 4:15 Church Service w/ Ellendale Church of Christ	<p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Seat Works 10:30 Mason Jar Crafts 1:30 Pina Colada Social 2:00 Karaoke w/Roy Fisher</p>	11 Nifty Nails 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Light & Lively 10:30 Nifty Nails 2:00 Bean Bag Baseball 3:00 Lakeland Bible Study	<p>9:00 - 10:00 Weights & Vitals 100 Hall 9:30 Hydration Cart 10:00 Fitness 10:30 Kroger 5:45 Bible Study w/Ellendale</p>	13 Slogan 9:00 - 10:00 Weights & Vitals 200 Hall 9:00 Walking Buddies 10:00 Sittercise 10:30 Slogans 2:00 Bean Bag Baseball	14 Tribute to America 9:00 - 10:00 Weights & Vitals 200 Hall 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fittersitters 2:00 A Tribute to America w/Dan	<p>9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Arts & Crafts w/Pam</p>
16 SUNDAY WORSHIP 9:00 Walking Buddies 9:30 Church Service w/Faith Baptist Service 4:15 Great Oaks Church Of Christ	17 pop shelf 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Seat Works 10:30 PopShelf 2:00 Bingo	18 GOLF 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Light & Lively 10:30 Miniature Golf 2:00 Bean Bag Baseball	19 BINGO! 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fitness 10:30 Bingo 5:45 Bible Study w/Ellendale Baptist	20 TIE DYE 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Sittercise 10:30 Let's Tie Dye 2:00 Bean Bag Baseball	<p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fittersitters 10:30 Hawaii Trivia 12:00 Luau Luncheon 2:00 Hymns w/Bob</p>	22 SONGS WITH SARAH 9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Songs w/Sarah
23/30 Worship 9:00 Walking Buddies 9:30 Church Service w/Faith Baptist Church 4:15 Great Oaks Church Of Christ	24/31 IT'S NATIONAL DRIVE-THRU DAY! 9:00 Walking Buddies 9:30 Hydration Cart 10:00 Seat Works 10:30 Drive - Thru 1:30 Bingo	<p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Light & Lively 10:30 Kangaroo Words 2:00 Bean Bag Baseball 3:00 Lakeland Bible Study</p>	<p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fitness 10:30 Backermann's 1:00 Scrabble 5:45 Bible Study w/Ellendale</p>	27 AUCTION 9:00 Walking Buddies 9:30 Hydration Cart 10:00 -2:00 Auction 2:00 Bean Bag Baseball	<p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fittersitters 10:30 Canvas Art 1:30 Birthday Party w/Walker</p>	<p>9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Arts & Crafts w/Pam</p>