



February 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Happy PRESIDENTS' DAY</p>	<p>“The importance of Black History Month is to honor and celebrate the lives and achievements of African Americans who have made transformational impacts on American society.” KARREL AUGUSTIN BLACK HISTORY MONTH</p>	<p>BLACK HISTORY MONTH</p>	<p>1 SCRABBLE</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fitness 10:30 Scrabble 5:45 Bible Study w/Ellendale</p>	<p>2 FEBRUARY 2ND GROUNDHOG DAY</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Sittercise 10:30 Uno 2:00 Bean Bag Baseball</p>	<p>3 NATIONAL WEAR RED DAY</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fittersitters 1:30 Bingo</p>	<p>4 Art & Craft</p> <p>9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Arts & Crafts w/Pam</p>
<p>5 Sunday Services</p> <p>9:00 Walking Buddies 9:30 Church Service w/ Faith Baptist 3:45 Church Service w/ Ellendale Church of Christ</p>	<p>6 Walmart</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Seat Works 10:30 Walmart 1:30 Bingo</p>	<p>7 Nifty Nails</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Light & Lively 10:30 Nifty Nails 2:00 Bean Bag Baseball 3:00 Lakeland Bible Study</p>	<p>8 Black History Program</p> <p>9:00 Walking Buddies 10:00 Fitness 1:30 Black History Program 5:45 Bible Study w/Ellendale</p>	<p>9 NATIONAL PIZZA DAY</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Sittercise 10:30 Cooking Group (Pizza) 2:00 Bean Bag Baseball</p>	<p>10 LOVE SONGS</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fittersitters 1:30 Pokeno 3:00 Love Songs w/Marsha</p>	<p>11 LIVE MUSIC</p> <p>9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Johnson & Johnson</p>
<p>12 SUNDAY WORSHIP SERVICE</p> <p>9:00 Walking Buddies 9:30 Church Service w/ Faith Baptist 3:45 Church Service w/ Ellendale Church of Christ</p>	<p>13 Kroger</p> <p>9:00 Walking Buddies 9:00 Hydration Cart 10:00 Seat Works 10:30 Kroger 1:30 Monday Matinee</p>	<p>14 HAPPY Valentine's Day</p> <p>9:00 Walking Buddies 10:00 Light & Lively 10:30 Kangaroo Words 12:00 Valentines Luncheon 2:00 Bean Bag Baseball 3:00 Music w/Justin</p>	<p>15 UNO</p> <p>9:00 - 10:00 Weights & Vitals 100 Hall 9:30 Hydration Cart 10:00 Fitness 10:30 Uno 5:45 Bible Study w/Ellendale</p>	<p>16 IHOP NATIONAL PANCAKEDAY</p> <p>9:00 - 10:00 Weights & Vitals 200 Hall 10:00 Sittercise 10:30 IHop Outing 2:00 Bean Bag Baseball</p>	<p>17 RANDOM ACTS OF KINDNESS DAY</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fittersitters 10:30 Serving The Community 3:00 Gospel Singing w/Marsha</p>	<p>18 LIVE MUSIC</p> <p>9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Music w/Sarah</p>
<p>19 Worship Service</p> <p>9:00 Walking Buddies 9:30 Church Service w/Faith Baptist Service 4:15 Great Oaks Church Of Christ</p>	<p>20 PRESIDENTS DAY</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Seat Works 10:30 Music w/Julie 1:30 Red White & Blue Bingo</p>	<p>21 Mardi Gras Parade</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Light & Lively 11:00 Mardi Gras Parade 2:00 Bean Bag Baseball 3:00 Lakeland Bible Study</p>	<p>22 NATIONAL MARGARITA DAY</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fitness 1:30 Margarita Social 5:45 Bible Study w/Ellendale Baptist</p>	<p>23 popshelf</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Sittercise 10:30 PopShelf 2:00 Bean Bag Baseball</p>	<p>24 HAPPY BIRTHDAY</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Fittersitters 10:30 Family Feud 2:00 Monthly Birthday Party</p>	<p>25 DRIVING SIDeways</p> <p>9:00 Walking Buddies 10:00 Sittercise 10:30 Daily Devotional 2:00 Drivin Sidways w/ Walker</p>
<p>26 WALKING BUDDIES</p> <p>9:00 Walking Buddies 9:30 Church Service w/Faith Baptist Church 2:30 Bingo w/Linda 4:15 Great Oaks Church Of Christ</p>	<p>27 RETRO</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Seat Works 10:30 Shuffle Board 1:30 Retro Social</p>	<p>28 HOBBY LOBBY</p> <p>9:00 Walking Buddies 9:30 Hydration Cart 10:00 Light & Lively 10:30 Hobby Lobby 2:00 Bean Bag Baseball 3:00 Music w/Justin</p>	<p>FEBRUARY Birthdays</p> <p>Pam Henry 2/10 Jerri Deviney 2/16</p>	<p>Meal Times</p> <p>6:30 - 9:00 Breakfast 11:30 - 1:00 Lunch 4:30-6:00 Dinner</p>	<p>Happy Mardi Gras</p>	<p>Birthstone: Amethyst Flowers: Violet Colors: Purple, Light Blue & Yellow</p>