

# **Hearthside Herald**

**July 2020**

**" One land, one heart, one hand,  
one nation, forevermore." – Oliver  
Wendall Holmes**



**601 Wolf River  
Blvd  
Collierville, TN  
38017  
901-854-6590**

## July Birthdays

Kay	4th
Mary D.	4th
Sandy	9th
Rebecca	12th
Charlotte	23rd
Tommy	25th

## Cathy's Back!!!!

Our R.A.'s did an amazing job while Kathy was gone but we are so happy to have her back in the building. She will be available on Tuesday's and Wednesday's for all the hair care needs!!



## July Fun Fact

This month was originally named Quintilis; the roman word for fifth as it was the fifth month of the Roman year. It was later changed to July and moved to the seventh month of the year in honor of the well known Roman commander, Julius Caesar, being that he was born in that month. Now you know!!!



## July's Featured Recipe

### **Homemade Ice Cream**

Summer has arrived and while it's been rainy we have had hot days and there will be more to come. What better way to cool down than with some homemade ice cream? Here at Hearthside we love all forms of ice cream. That is why we have chosen it for our recipe of the month!

#### **Ingredients:**

**2 cups milk**

**1/2 cup granulated sugar**

**1 tablespoon vanilla extract**

**Ice**

**Rock salt**

**Resealable sandwich bag**

**Storage bowl with lid**

#### **Directions:**

Mix the milk, sugar, and vanilla extract together and pour in the sandwich bag and seal it. Place the sandwich bag, ice, and rock salt into the storage bowl and seal tightly with the lid. Shake for about 5 minutes or until the mixture is frozen and resembles ice cream. Once it is frozen, remove from the plastic container and enjoy!!!

\* To make chocolate: add 1 tablespoon of unsweetened cocoa powder and for strawberry: add 1 tablespoon of chopped strawberries.



## **WELCOME TO HEARTHSTIDE!!!!**

Over the last two months we have added some new members to the Hearthside family. We are excited to introduce them to you. We are very happy that these 3 amazing women have decided to call Hearthside home.



**DOTT MOORE**



**CHARLENE ZIMMERMAN**



**JOYCE MOORE**

### **Your Hearthside Staff**

**Community Director: Tammy Chappell**

**Director of Health & Wellness: April Parsons**

**Dietary Manager: Rochell Aguilar**

**Administrative Assistant: Ashley Johnson**

**Maintenance Director: James Haley**

**Activities Director: Amanda Burnett**

**Transportation Director: Ray Johnson**

**Medical Secretary: Debbie Short**