

Hearthside Herald

May 2020

Each new day is a chance to be the person you
want to be- Brian Tracey

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We want to
wish all the
mothers a very
happy
and special
Mother's
Day!!!!

May 4th-8th is national nurses week and while we appreciate them everyday this week is set aside to show them how grateful we are. You amazing ladies provide outstanding care to each and everyone of our residents and sometimes even staff . We thank you for everything you do , all the seen and unseen moments. We love and appreciate you beyond words.

-The Hearthside Family



Kristen Campbell



Tracey Conwell



Keelie Stark



Mary Starks



April Parsons, D.O.N.



Tiffanie White

Francine Holt

We hopped in spring in the month of April. Take a look.....



We know how to stop and smell the roses!!!



Snapchat's a breeze!!!!

Mrs. Linda Brought Christmas in April!!



Staying Connected!!!!



Loving our snacks!!!



Did you know:

Sara Harris has hand made over 100 puppets!!!!



Mrs. Sunshine enjoyed playing with the photo filters!!!!



Mrs. Lott is showing off her spring spirit!!!

May's Birthdays

James 1st

Naomi 6th

Wilma 7th

Sara H. 8th

Mary B. 27th

Shirley 31st

May's Feature Recipe

Berry Vanilla Cheesecake Parfaits

We will be making these and fresh fruit salad on May 21st. We welcome you to make them at home and share your pics or even share one with your loved one via facetime.

VANILLA CHEESECAKE:

- 1 cup non-fat plain Greek yogurt
- 4 ounces low-fat cream cheese, room temperature
- 3 tablespoons granulated sugar
- 2 teaspoons vanilla bean paste or vanilla extract
- Pinch of salt

Combine all ingredients together and mix until smooth and fluffy!!!

BERRIES:

- 1 cup fresh blueberries
- 1 cup diced fresh strawberries
- 1 teaspoon granulated sugar (optional)

To Assemble:

Starting with berries alternate layers of berries and cheesecake until the dish is full. Refrigerate until you're ready to serve.



Director's Corner: April Parsons , Director of Nursing

We are surrounded by uncertain times right now, many of us are seeing things that we have never encountered. Many communities around us have been hit hard by COVID-19, but we at Hearthside are safe. We work diligently daily to ensure we maintain our safety. We are working by the guidelines of the CDC, the local health department and government officials. We understand how hard it is for the families and the residents. We also know that our residents safety comes first. Please bear with us during these times, we are protecting your loved ones like a Mama Bear protects her cubs. We know that you want life back to normal, just like we do; but it is extremely important that we follow the instructions given to us for the safety of our residents. Please pray for the Hearthside employees, it is just as hard on us as it is on the residents and families. We work hard everyday fighting and protecting your loved one from something we can't see! It takes not just a physical but emotional toll on our caregivers, not just because of the separation from our families, but we see our residents wanting to be close to their families. So please, follow the guidelines given to you, and please be patient. We will get through this together!

-April Parsons, Director of Nursing



Your Hearthside Staff

Community Director: Tammy Chappell

Maintenance Director: James Haley

Director of Health & Wellness: April Parsons, LPN

Activities Director: Amanda Burnett

Dietary Manager: Rochell Aguilar

Transportation Director: Ray Johnson

Administrative Assistant: Ashley Johnson

Medical Secretary: Debbie Short