



# September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Meal times</b> Breakfast 6:00-9:00 Salad bar 11:30 Lunch 12:00-1:00	<b>Meal times</b> Salad bar 4:30 Dinner 5:00-6:00			Like us on Facebook		10:00am Sittercise 1 10:45am Devotional 3:00pm Therapy coloring in the parlor
9:30am Church 2 Services with Faith Baptist Church 1:30pm Church services with Ellendale Church of Christ	No exercise today! 3 6:00pm Bingo with Dianna and Patsy 	8:00am Men's Breakfast 4 10:00am Light N Lively 10:45am Devotional 2:30pm Music: Lea VanMerkestyn	10:00am Fitness 5 Forever with Jim 10:45am Devotional 1:30pm Praise and worship with David 3:00pm Out & About trip to Salvation Army 6:00pm Bible study with Ellendale Baptist Church	10:00am Sittercise 6 10:45am Devotional 1:00pm Bible study with David 3:00pm Out & About trip to Kroger	10:00am Fittersitters 7 10:45am Devotional 2:00pm Remember <i>Ladies Tea</i> bring a tea cup!	10:00am Sittercise 8 10:45am Devotional 2:00pm Residents choice in the parlor
9:30am Church 9 Services with Faith Baptist Church 1:30pm Church series with Faith Baptist Church	10:00am Seatworks 10 10:45am Devotional 2:00pm-4:00pm Manicure Monday 6:00pm Bingo with Erica Assisted Living week "Living My Best Life"	10:00am Light N Lively 11 10:45am Devotional Life is Sweet because you live here 2:00pm Come and visit the Candy shop	10:00am Fitness 12 forever with Jim 10:45am Devotional 12:15pm Theatre of Memphis 1:30pm Praise and worship with David 6:00pm Bible study with Ellendale	10:00am Sittercise 13 10:45am Devotional 11:30am Lunch @Cracker Barrel 1:00pm Bible study with David	10:00am Fittersitters 14 10:45am Devotional 2:00pm Music: Nostalgia Live Last day of Assisted living week 4:30pm-6:30pm Come join us for our Sock Hope Dance Featuring: Rockin Robin DJ	10:00am Sittercise 15 10:45am Devotional 2:30pm Dominos in the parlor
9:30am Church 16 Services with Faith Baptist Church 1:30pm Church services with Ellendale Church of Christ 3:00pm Therapy coloring	10:00am Seatworks 17 10:45am Devotional 2:00pm-4:00pm Manicure Monday 6:00pm Bingo With Bernice	10:00am Light N Lively 18 10:45am Devotional 1:00pm Men's club 2:00pm-3:00pm Resident Planning Council National Cheeseburger Day	No exercise today 19 11:00 Visit from Tara and Finley 1:30pm Music: America's Grandson - Tim Dersting 3:00pm Out & About trip to TJ Max 6:00pm Bible study with Ellendale	10:00am Sittercise 20 10:45am Devotional 1:00pm Bible study with David 3:00pm Out & About trip To the Dollar Tree	10:00am Fittersitters 21 10:45am Devotional 1:00pm Bingo with LaKesh 2:00pm Poker with LaRonda	10:00am Sittercise 22 10:45am Devotional 3:30pm Puzzles in the parlor
9:30am Church 23 Services with Faith Baptist Church 1:30pm Church services with Ellendale Church of Christ 3:00pm Therapy coloring	10:00am Seatworks 24 10:45am Devotional 2:00pm-4:00pm Manicure Monday 6:00pm Bingo with Erica	10:00am Light N Lively 25 10:45am Devotional 1:00pm Out & About Trip to Wal-Mart 3:00pm Wine and Cheese	10:00am Fitness 26 Forever with Jim 10:45am Devotional 1:30pm Praise and worship with David 3:00pm Out & About trip Wal-Mart 6:00pm Bible study with Ellendale Baptist Church	No exercise today 27 10:00am-2:00pm Out & About: Senior Day @ the Dixon 1:00pm Bible study with David	10:00am Fittersitters 28 10:45am Devotional 2:00pm Birthday Celebration with Paula Lowry National Beer Day	10:00am Sittercise 29 10:45am Devotional 3:00pm Bible study and Hymn singing with Bethel Baptist Church
9:30am Church services30 with Faith Baptist Church 1:30pm Church services with Ellendale Church of Christ 3:00pm Therapy coloring in the parlor					09/07 John Morris 09/19 Eric Muir 09/19 Evelyn Byrd 09/20 Regina Jones 09/24 Virginia Hopper	

